DISCUSSING RISK: DO YOU REALLY HAVE CONSENT?





WHEN TO GET CONSENT

Physiotherapists must ask for consent **after** they inform their clients about a proposed physiotherapy service, its expected benefits, and related risks. **Consent is not consent if it is not informed.**

CLIENT-CENTERED

Physiotherapists must understand what matters to their clients so they can meaningfully discuss the risks of a proposed physiotherapy service.





NOT ALL RISKS ARE CREATED EQUAL.

Some risks are universal due to their frequency or severity (for example a risk of death or permanent disability). These are Material Risks.

Other risks are viewed differently by different clients based on the client's values or life experiences. These are Special Risks.

IT'S NOT ENOUGH TO ONLY DISCUSS MATERIAL RISKS

Consent discussions must include information that the physiotherapist knows or ought to know their client deems relevant to making a decision (special risks).





THE CLIENT'S VIEW

The only way to know which special risks matter to the client is to spend time getting to know what matters to them. It's the client's view of the risk that matters since they are the person who is at risk.

CLIENT RIGHTS

If a client is not willing to accept the risks related to a proposed physiotherapy service, they always have the right to decline the service or withdraw a previous consent.