

# Practice Improvement Record Guiding Questions

## EXAMPLE

Share your journey of learning and professional growth

### 1. What self-selected activity did you do and why \*

In your response include at a minimum: (a) name of activity, (b) description of activity, (c) date(s) of activity, (d) reason for choosing the activity (e) how the activity fits with your practice (current or future).

### 2. What did you learn and how did you grow professionally? \*

In your response include, at a minimum, specific examples of:

In your response, consider answering these guiding questions	
What you learned	What new knowledge and/or skills did you learn?
How your <b>personal competence improved</b>	<ol style="list-style-type: none"><li>1. How did this activity develop or reinforce your knowledge, skills, judgments and/or performance?</li><li>2. Which competencies changed (i.e. physiotherapy expertise, communication, collaboration, management, leadership, scholarship, professionalism)?</li><li>3. How do you best illustrate what happened, what you learned and what specific aspects of competence improved?</li></ol>
How what you learned <b>benefited patients</b>	<ol style="list-style-type: none"><li>1. How do you know this activity benefited patient care? What were the outcomes? Were they measurable or non-tangible?</li><li>2. Were the outcomes what you intended or were there unforeseen outcomes?</li><li>3. If you can't discuss how patient care changed, discuss how this activity might change future patient care.</li></ol>
How what you learned <b>benefited physiotherapy/health care system</b>	<ol style="list-style-type: none"><li>1. Provide an example of how this activity improved practice e.g. research outcomes, workplace improvements, safety, charting, efficiencies and/or who benefited from the activity (co-worker, peers, organization).</li><li>2. How did you measure success? What were and how did you manage expected and unforeseen consequences?</li><li>3. If you haven't fully implemented the activity, how do you foresee the physiotherapy or health care system benefitting in the future?</li></ol>
The current information <b>resources</b> (name, topic covered) used to improve practice	A resource is loosely defined and can include, but is not limited to: self-assessment scales, titles of assessments, environmental scans, reports, guidelines, research articles, web-based articles, textbooks, standards.

### 3. Looking back, which Standard of Practice or Ethical Conduct Responsibility was addressed by participating in this activity? \*

### 4. Your evidence of participation?