

Standards of Practice

Evidence-Informed Practice



Standard

The physiotherapist incorporates **evidence-informed practice** in all aspects of **physiotherapy service delivery**.

Expected outcome

Clients can expect that the **physiotherapy services** they receive are informed by consideration of the best available evidence, client needs, and the personal knowledge and experience of the physiotherapist.

Performance expectations

The physiotherapist:

- Incorporates current physiotherapy-related evidence into client-centered care by reviewing relevant research/information and integrating findings into assessment and intervention plans.
- Integrates critical thinking and professional judgment into client-centered care, evaluates her/his practice in terms of client outcomes, and modifies approaches based on this self-reflective process.
- Participates in sharing information related to evidence and best practices to support improvement of client outcomes and the delivery of **quality** services within the health-care system at large.

Clients are recipients of physiotherapy services, and may be individuals, families, groups, organizations, communities, or populations. An individual client may also be referred to as a patient. In some circumstances, clients/patients may be represented by their substitute decision-makers.

Evidence-informed practice is “derived from evidence-based practice and involves clinical problem solving and decision making informed by integrating best available evidence, client context and the personal knowledge and experience of the physiotherapist.”

Physiotherapy services are “services provided by or under the direction of a physiotherapist. This includes client assessment and intervention, and related communication with and reporting to various parties for the purposes of delivering patient care.”

Physiotherapy service delivery refers to the period from the initial client assessment to discharge from services provided by the physiotherapist.

Quality of health-care services refers to the “acceptability, accessibility, appropriateness, effectiveness, efficiency, and safety” of the services provided.

Related Standards

- Client Assessment, Diagnosis, Interventions
- Client-Centered Care
- Competence
- Consent