

Practice Improvement Record Guiding Questions

EXAMPLE

Share your journey of learning and professional growth

1. What self-selected activity did you do and why *

In your response include at a minimum: (a) name of activity, (b) description of activity, (c) date(s) of activity, (d) reason for choosing the activity (e) how the activity fits with your practice (current or future).

2. What did you learn and how did you grow professionally? *

In your response include, at a minimum, specific examples of:

| In your response, consider answering these guiding questions | |
|---|--|
| What you learned | What new knowledge and/or skills did you learn? |
| How your personal competence improved | <ol style="list-style-type: none"> 1. How did this activity develop or reinforce your knowledge, skills, judgments and/or performance? 2. Which competencies changed (i.e. physiotherapy expertise, communication, collaboration, management, leadership, scholarship, professionalism)? 3. How do you best illustrate what happened, what you learned and what specific aspects of competence improved? |
| How what you learned benefited patients | <ol style="list-style-type: none"> 1. How do you know this activity benefited patient care? What were the outcomes? Were they measurable or non-tangible? 2. Were the outcomes what you intended or were there unforeseen outcomes? 3. If you can't discuss how patient care changed, discuss how this activity might change future patient care. |
| How what you learned benefited physiotherapy/health care system | <ol style="list-style-type: none"> 1. Provide an example of how this activity improved practice e.g. research outcomes, workplace improvements, safety, charting, efficiencies and/or who benefited from the activity (co-worker, peers, organization). 2. How did you measure success? What were and how did you manage and unforeseen consequences? 3. If you haven't fully implemented the activity, how do you foresee the physiotherapy or health care system benefitting in the future? |
| The current information resources (name, topic covered) used to improve practice | A resource is loosely defined and can include, but is not limited to: self-scales, titles of assessments, environmental scans, reports, guidelines, research articles, web-based articles, textbooks, standards. |

3. Looking back, which Standard of Practice or Ethical Conduct Responsibility was addressed by participating in this activity? *

4. Your evidence of participation?